Shandrai Silva, School Counselor

## **Counselor Message**

Happy November! Wow, it's November! It's seems like the first day of school was just a few weeks ago.

The school counseling program at Hawks Nest continues to be busy. In October, we recognized National Bullying Prevention Month and Red Ribbon Week. For Bullying Prevention Month, we participated in Unity Day and students learned about being an Upstander in classroom guidance. For Red Ribbon Week, we learned about making healthy choices and participated in a fun-filled Spirit Week. Congratulations to our Red Ribbon Week Door Decorating Contest winners: Ms. Patz & Ms. Kendrick and Mrs. Hofferbert & Mrs. Green.

This month, students will continue to focus on being our best selves by exploring ways to be healthy both physically and mentally in classroom guidance. Some small groups are underway and more are planned to start soon. We're participating in a schoolwide service project again this year in recognition of World Kindness Day.

We're looking forward to another great month! Please feel free to contact me with any feedback you may have about the school counseling program.

How to see the school counselor Classroom guidance, individual and small groups. Contact School Counselor at 704-866-8467or sosilva@gaston.kl2.nc.us.







HNSA recognizes World Kindness Day with Canned & Non-Perishable Food Drive on November  $8^{th} - 12^{th}$ .



## November 2021

**Promoting Character Education** "We're Soaring with Good Character"

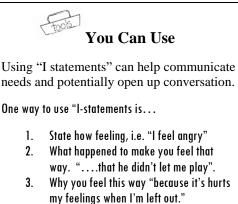
The character trait of the month is **Respect.** Respect is taking turns, sharing, and listening to what others have to say; treating others respectfully.



Explore Talking Tree.com for this and other posters about respect as well as respect worksheets and teaching resources at ...

https://talkingtreebooks.com/teaching-resources-catalog/posters/respectmeans-poster.html

https://talkingtreebooks.com/category/teaching-traits/respect-worksheetsteaching-resources.html



 What would like to see happen instead.
"I want to be included and have someone to play with."



Hawks Nest

## ACADEMY School Counseling Program Newsletter